

CUSTOMISED SOLUTIONS

Career Consulting Services

Career Planning & Goal Setting

From **€400**

Define your career aspirations and develop actionable plans to reach your milestones.

Workplace Conflict Resolution

€300

Learn strategies for effectively managing and resolving workplace challenges.

Salary & Benefits Guidance

From **€450**

Get advice on competitive compensation structures to make informed career decisions.

Job Application Optimization

From **€350**

Enhance your resume, job search tactics, and application strategies to improve your chances.

Remote Career Management Support

From **€500**

Practical guidance for navigating and advancing your career in remote work environments

Skill Development Services

Leadership & Personal Development

From **€400**

Develop essential leadership and self-management skills aligned with your career goals.

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Technical Skills Training

€250

Access tailored courses in software, project management, and technical skills.

Diversity, Equity, and Inclusion Awareness

From **€400**

Promote understanding and inclusivity to foster positive professional relationships.

Soft Skills Workshops

From **€300**

Build communication, teamwork, and problem-solving skills for personal growth.

Career Coaching

From **€500**

Receive personalised coaching to help you navigate your career and reach your potential.

Personal Career Strategy Services

Adaptation & Change Management

From **€450**

Navigate career transitions with structured support and guidance.

Career Path Design

From **€400**

Align your career goals with structured paths for growth and stability.

Job Satisfaction & Retention Guidance

From **€300**

Discover strategies to enhance job satisfaction and maintain work-life balance.

Career Advancement Planning

From **€500**

Identify opportunities for growth and prepare for the next steps in your career.

Work-Life Balance Support

From **€350**

Gain strategies to maintain a healthy balance between your work and personal life.

Compliance & Professional Standards

Understanding Employment Laws

€300

Get familiar with essential employment laws and standards to protect your rights.

Health & Safety Knowledge

From **€400**

Learn best practices for workplace safety and secure career advancement.

Data Protection & Privacy Rights

€350

Understand your rights related to workplace privacy and data protection.

Workplace Harassment Prevention

From **€450**

Access resources and guidance for fostering a respectful work environment.

Emergency Preparedness

From **€400**

Develop skills to manage unexpected challenges with structured preparedness.

Talent & Personal Optimization

Personality & Strengths Assessments Discover your unique strengths and areas for growth with detailed assessments.	€300 ments.
 Goal-Setting & Performance Tracking Set clear goals and track your progress to achieve meaningful milestones. 	€350
 Personal Growth Plans Create actionable plans to drive personal and career development. 	From €400
 Recognition & Self-Motivation Techniques Cultivate motivation and celebrate your achievements effectively. 	€250
 Holistic Well-Being Support Access resources for physical, mental, and financial wellness. 	From €450

Performance Management for Personal Growth

Goal Setting & Tracking Set and achieve personal career goals with structured accountability.	€400
 Comprehensive Self-Feedback Gain multi-source feedback for a well-rounded view of your progress. 	€350

Personal KPI Development

From **€450**

Establish and monitor Key Performance Indicators (KPIs) to support your career journey.

Remote Work & Career Adaptation

Virtual Onboarding Support

From **€500**

Start remote roles confidently with personalised onboarding guidance.

Remote Engagement Techniques

€400

Stay engaged with strategies for virtual collaboration and team-building.

Digital Collaboration Tools

€350

Utilise effective tools for communication and productivity in remote settings.

Health, Safety & Well-Being Programs

Workplace Health & Safety Knowledge

€400

Learn essential practices for a secure, healthy work environment.

Mental Health Support & Counseling

From **€350**

Access mental health resources for managing stress effectively.

Wellness Workshops

From **€400**

Participate in workshops focused on holistic well-being.

Personal Experience Enhancement

Onboarding Experience Optimization

From **€450**

Start new roles confidently with an engaging onboarding process.

Continuous Feedback Channels

€250

Set up regular feedback mechanisms for consistent growth.

Exit & Transition Strategies

€300

Plan career transitions smoothly with exit strategies for positive change.

Career Technology Integration

Personal HRIS Access

From **€500**

Manage your career data and track progress through a dedicated system.

• Financial & Benefits Management Tools

From **€450**

Simplify financial tracking and manage personal benefits efficiently.

Self-Service Portals

From **€400**

Access personal data, progress reports, and feedback with intuitive tools.

SERVICE PACKAGES

01

Foundations First

€1.000

Perfect for individuals starting their career journey. This package provides essential tools for career planning, compliance with professional standards, and building a solid foundation.

- Career Planning & Goal Setting Set clear, achievable goals for career success.
- Basic Workplace Compliance Guidance Understand essential professional standards.
- Resume & Cover Letter Review Optimise application materials for your job search.
- Job Search Strategy Consultation Initial guidance to streamline your job search.
- Email Support for Career Questions Access to expert support for career-related inquiries.

02

Growth Essentials

€2.500

Ideal for those looking to advance in their current roles and enhance their skillset. This package focuses on personal development, well-being, and growth strategies for career progression.

- All services from Foundations First
- Skill Development Programs Training sessions tailored to enhance critical skills.
- Work-Life Balance & Wellbeing Guidance Resources to support overall well-being.
- Conflict Resolution Techniques Learn practical strategies for managing workplace challenges.
- Quarterly Career Check-In Regular sessions to assess progress and set new goals.
- Basic Networking & Interview Skills Guidance for building professional connections.

Skill & Career Enhancement

€5.000

This package offers advanced support for mid-career professionals, focusing on career pathing, performance tracking, and skill-building for meaningful growth.

- All services from Growth Essentials
- Performance Reviews & Feedback Analysis Develop a structured approach to self-assessment.
- Career Pathing & Development Plans Create a roadmap for long-term career growth.
- Personal Branding Guidance Strengthen your personal brand and professional identity.
- Advanced Skill Development Workshops Specialised sessions for critical competencies.
- Mentorship & Networking Opportunities Access to resources for building professional networks.

04

Future Pathway

€8,000

Our most comprehensive package is tailored for individuals seeking advanced career growth, leadership skills, and strategic personal development for long-term success.

- All services from Skill & Career Enhancement
- Leadership Development Programs Customised sessions for developing leadership skills.
- Executive Coaching Personalised coaching for high-level career guidance.
- Advanced Change Adaptation Strategies Navigate career transitions with ease.
- Recognition & Self-Motivation Techniques Build strategies for sustained motivation and achievement.
- Annual Career Health Assessment In-depth career satisfaction, growth, and opportunities analysis.